

**MODULE SPECIFICATION - Long Term Conditions (Mental Health Field)**

Module Title: Long Term Conditions (Mental Health Field)	Level: 5	Credit Value: 20
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Module code: NUR512 (if known)	Cost Centre: GANG	JACS2 code*: B700
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*\*please contact Student Data Services for further guidance if necessary*

Trimester(s) in which to be offered: 2	With effect from: September 2012
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<b>Office use only:</b> To be completed by AQSU:	Date approved: 11 <sup>th</sup> June 2012 Date revised: Version no: 1
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Existing/New: New	Title of module being replaced (if any): None
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Originating Academic area: Nursing	Module Leader: Richard Mottershead
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Module duration (total hours) 200	Status: Core for students following the Mental Health Field (identify programme where appropriate):
Scheduled learning & teaching hours 60	
Independent study hours 140	
Placement hours See programme specification	

Percentage taught by Subjects other than originating Subject (please name other Subjects):	None
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Programme(s) in which to be offered:	BN(Hons) Nursing	Pre-requisites per programme (between levels):	None
Module Aims:			
This module aims to develop the student nurse's understanding of a range of physical and mental health long term/life limiting conditions.			

### Expected Learning Outcomes

At the end of this module, students should be able to:

Knowledge and Understanding:

Generic Learning Outcomes

1. Examine health promotion strategies and care policies to promote a level of self-care and quality of life responsive to an individual's needs. (**NMC** PV 4, 7, C&IS 1, 2, 6, A3.1 NPDM 3, 4, 7, 8, LMTW 1, 2)
2. Communicate sensitively and effectively with patients and carers, establishing partnership working with members of the multi-disciplinary team whilst respecting professional identity and remit. (**NMC** PV 2, 4, 6, 8, C&IS 1, 3, 4, 5, NPDM 1, LMTW 7)

Mental Health Learning Outcomes

3. Discuss recovery approaches to safeguarding adults and children who experience severe and enduring mental health problems using appropriate legislation, acknowledging power differences and diversity. (**NMC** PV MH1.1i, 1.1ii, 2.1i, 2.1ii, CIS MH2.ii, 5.1ii, 6.1ii.)
4. Demonstrate a multidisciplinary team working approach to current therapeutic, technological and complementary interventions using the care programme approach (CPA) to formulate needs and to reduce stigma and empower mental health service users and carers. (**NMC** PV MH3.1, MH6.1ii, NPDM MH1.1, 3.1i, 4.1i, 4.1ii, 5.1)

Transferable/Key Skills and other attributes:

Demonstrate competent verbal and written communication skills;

Demonstrate competency in word processing and the presentation of data;

Demonstrate competence in the use of libraries, databases and the internet to identify and subsequently use scholarly reviews and primary sources such as refereed research and original material relevant to the subject being studied.

Assessment: please indicate the type(s) of assessment (eg examination, oral, coursework, project) and the weighting of each (%). ***Details of indicative assessment tasks must be included.***

The assessment of this module comprises of two elements – a project developing a health education resource (booklet/ leaflet) for a person who is living with a long term condition, and an essay (1,500 words) outlining the rationale for health promotion intervention. The booklet/ leaflet must highlight an aspect of the long term condition that requires intervention (for example, constipation) and the rationale must include the physiology and effect of the identified problem, relevant policy and appropriate interventions.

Clinical Practice Outcomes in the ‘*Ongoing record of Achievement of practice competence*’ are formatively assessed throughout the academic year, and summatively assessed in the Personal and Professional Development (Adult or Mental Health) module at the end of each year as Pass / Fail.

Derogation of regulation applicable to this module:

- Two attempts will be allowed at this module with a possible third attempt if this has not been used on another module in this academic year.
- There are no compensatory passes, and all elements have to be passed.
- A second attempt if needed, will be allowed within the academic year.
- Feedback on assessed work will be provided within four weeks of submission

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting	Duration (if exam)	Word count (or equivalent if appropriate)
One	1,2,3 & 4.	Essay	100%		c2, 500

Learning and Teaching Strategies:

A variety of teaching methods will be used including lectures, seminars, open learning materials, debate, case studies, discussion and tutorials. Directed study using the library and on-line services (Moodle) will be promoted. There will be opportunity for shared learning with other groups of students.

Syllabus outline:

Epidemiology of long-term conditions / Long-term care in Mental Health Services / Self-management plans / Health care provision for long-term conditions / Public Health and Health promotion strategies / The person experiencing long-term care needs / Management of chronic and advanced pain / Symptom management / End of life care / Compliance / Structuring Care to Enable Recovery / Family care givers and multi professional approach / Community Nursing Strategy for Wales.

## **EU Directive**

Nursing principles of Specialist Medicine/ Nursing principles of Care of the old & geriatrics/  
Pathology/ Health education/ Pharmacology

## **NMC Standards**

**5.6.1** Pharmacology and medicines management/ Social, health and behavioural sciences/  
Causes of common health conditions and the interaction between physical and mental health  
and illness

**5.6.2** Public health and promoting health and wellbeing/ Eating, drinking, nutrition and  
hydration/ Comfort and sleep/ Continence promotion and bowel and bladder care/ Clinical  
observation, assessment, critical thinking and decision making/ Symptom management, such  
as anxiety, anger, thirst, pain and breathlessness/ Medicines management

## **QAA Standards**

A3, B1, B2, B3, B4, C1, C2

## **1000 Lives +**

Communication /Patient Engagement/ Improvement Models

## **Indicative Reading**

Almeida, J. M. C. & Killaspy, H. (2011), *Long-term mental health care for people with serious mental disorders*. Brussels: European Union. Directorate General for Health and Consumers.

Banks, C., Mackrodt, K. (2005), *Chronic Pain Management* London: Whurr Publishers

Carrier, J. (2009), *Managing Long-Term Conditions and Chronic Illness in Primary Care*. London: Routledge.

Great Britain, Department of Health (2009) *Care Planning. Long Term Conditions*. London. The Stationary Office.

Lubkin, I. M., & Larsen, P. D. (2009), *Chronic Illness; Impact and interventions 7<sup>TH</sup> edn*. Massachusetts: Jones and Bartlett